

How To Guides for District 5160

How to Create a Peace Labyrinth



Min # of Rotarians: 2-5

Est cost: \$5,000-10,000

Prep time: 1-4 weeks planning

Avg Service Time: 10-20 hours + Ceremony

A Rotary Peace Labyrinth is a public walking meditation path constructed by a local Rotary Club to promote community harmony and mental well-being. Unlike a maze designed to confuse you, a labyrinth features a single, winding path that leads to the center and back out, used for mindfulness, grounding, and peaceful reflection. These public spaces are a physical manifestation of Rotary International's core mission to foster peace and community well being.

5 Steps (see inside for details):

1. Define Purpose
2. Choose your Design/Materials
3. Select Location/Prepare Site
4. Build Your Peace Labyrinth
5. Plan Dedication Ceremony



How to: Create a Peace Labyrinth

1. Define Purpose / Site

- Determine why you want to the Labyrinth (personal reflection, community healing, mindfulness and wellness, memorial or tribute, and school peace initiative.)
- Choose a peaceful, accessible, typically quiet, welcoming, highly visible, safe year-round, large enough for your chosen design, and easy to maintain.
- Obtain property owner approval, contact 811 before digging, consider irrigation, drainage, and tree roots, and plan for ADA accessibility whenever possible.
- Before construction begins mark the center point, lay out the design, confirm measurement.

2. Chose Your Design / Materials / Team

- Select the labyrinth style that best fits your space. examples : Classic (7-Circuit), Chartres, Spiral, Contemporary, or Custom Design. Also decide on your diameter, walking path width, entrance direction, and center gathering space/logo. *On line searches easy!*
- Choose durable / low maintenance materials appropriate for your location (concrete, pavers, natural stone, gravel, mulch, deco rock, stamped concrete, paint, artificial turf and living ground cover). *Portable labys available Etsy/Amazon!*
- Design/Site approval as required, consider working with a landscape design architect.

4. Build Your Peace Labyrinth

- Prepare the ground, install edging if needed and gather volunteers and supplies.
- Follow the design carefully, keeping walking paths consistent.
- Add logo/signage.

5. Plan Dedication Ceremony

- Register your laby on <https://labyrinthlocator.org/>
- Celebrate the completion of your project, Consider including music, peace pledge and refreshments. Invite Rotary members schools, Interact, government/District leaders, press, neighbors, family, other Clubs.



How to: Create a Peace Labyrinth



PEACEBUILDING AND
CONFLICT PREVENTION



Optional:

- * Install landscaping, benches, shade, logo at center of laby, and signage.
- * Expand to include peace pole meaningful elements such as a Peace Pole, inspirational quotes, wind chimes, art, memorial stones, Rotary logos/messaging.
- * Other inspiration include at all abilities parks, incorporate butterfly and native landscaping habitats, student artwork.
- * Dedication Ceremony might include ribbon cutting, music, refreshments,
- * Keep it going with ongoing walks, mindfulness / mental health events, school activities, peace events, and World Labyrinth Day.



D5160 Peace Home



RI - Peace



Positive Peace Video

www.Rotary5160.org/Peace