

MAKE A WORLD OF DIFFERENCE



District 5160

Newsletter #2

September 2018

IMPORTANT DATES!

Inbound Student 2019-20 dates:

- **September 15th:** Quarterly Report 1 Due
- **October 11th – 13th:** San Francisco Trip (mandatory). Drop off/pick up will be in San Ramon..
- **December 15th:** Quarterly Report 2 Due
- **February 15th-17th, 2020:** Winter Fun Weekend (mandatory) Location, trip and departure Details to be announced so stay tuned.
- **May 1st- 3rd, 2020:** District Conference (mandatory) In Redding. This is a Blazer event! More details to follow.
- **June 19th-21st, 2020** (tentative dates): Santa Cruz Surf Weekend (mandatory): Save the date!
- *YEX Activities Coordinator Cory will send out details for each of these activities as the dates get closer. Coryrose621@gmail.com*

Outbound Student 2019-20 dates:

- September 15th: Quarterly Report 1 Due
- December 15: Quarterly Report 2 Due

YEO/Counselor dates:

- Monthly reports due: 15th of each month.

Club dates:

- October: **Get your student involved! Invite them to your place of work, go on an outing, share a hobby with them....**

Interact dates:

- Interact District Conference: November 17th in Richmond CA. Details to follow!

All Inbound Student Dates:

- Dates, times, locations for the 2019-2020 exchange year can be found at:
- <http://yex.rotary5160.net/inbound-students/2019-2020-trips>

Family Traditions, Yours AND Theirs

As we approach the holiday seasons for many countries and cultures, now is a *wonderful* time for the Rotary family to share family traditions. For host families, counselors, and YEOs, please take a few minutes (maybe over dinner one night) to talk with your students about family/country traditions. As a conversation starter, here are links to some interesting articles that talk about traditions from around the world.

10 Holiday Traditions Around the World

<http://www.sheknows.com/parenting/articles/848521/10-holiday-traditions-from-across-the-world>

Holiday Sampler from Around the World

<https://www.scholastic.com/teachers/articles/teaching-content/holidays-sampler-around-world/>

We Need More Outbound Applicants!!

Our goal is at least ten! Contact your Interact Clubs and let them know that we need awesome candidates for the 2020-2021 and 2021-2022 exchange years. However, students don't have to be Interactors and *cannot be older than 18.5 as of August 1st of the year they leave.*

Please contact **Bob Jehn** at bob@bobjehn.com with questions or check our website: <http://yex.rotary5160.org>

The application is also online:



<http://yex.rotary5160.net/outbound-students/ltep-application>

Welcome to Marcel!



We are very glad that Marcel IB 2019-20 from Bolivia (4th from left in white shirt) has arrived! He was welcomed by a wonderful group of Rotary friends including host family members, committee members and fellow Youth Exchange students in Davis, CA. Many thanks to those who made this special event happen!



Save the date & stay tuned!!



The **Interact District Conference** will be Sunday November 17th, 2019 from 10am to 2 pm held at Salesian High School in Richmond CA. It is the perfect way to meet **Interactors**, listen to speakers and learn great leadership/fundraising skills! Stay tuned for details and Registration soon at:

<https://interact5160.org/conference/>

RYE Exchange Committee changes...

Welcome to **Gautham Sudhakar**, our Interact District Council Youth Programs Liaison for 2019-2020!!

A Sophomore **Interactor** at Dougherty Valley in San Ramon, CA he has already become active in committee work to support Rotary Youth Exchange.



Homesickness



Most Exchange Exchange Students will experience this feeling sometime during the exchange year. Know that an emotional "roller coaster" is normal - so please expect highs and lows throughout the year.

In the Inbound Handbook which can be found at <http://yex.rotary5160.net/wp-content/uploads/2016/08/INBOUND-ORIENTATION-HANDBOOK-2016-rev-7.1.2016.pdf> there are helpful articles and other useful information. There is a brief "*Get Yourself Involved*" article that talks about the best ways to move beyond the homesickness.

As a side note, when feeling "homesick", students should: **NOT** ignore their feelings; **NOT** try eating their way to happiness; **NOT** call home (*calling home usually makes the feeling worse*).

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Look at all the “B’s”!

Be Curious



*Crysta, 2019-20 OB Brazil,
"with her first Host mom.*

Be Here Now



*Ingelise, 2019-2020 OB to Taiwan (8th from left) is
welcomed by a wonderful group of Rotary friends and
host family.*



*Axelle with REAL bees and her RYE counselor in
Redding CA. -2019-20 IB Belgium.*

Be Of Service



*Happy Birthday to Kiky 2019-20 IB
Taiwan- Her volleyball team celebrated
with a wonderful cake!*

Be On Purpose



*Love, 2019-20 IB Sweden,
hitting his stride early on
his high school cross
country team!*

Be First



*Faustine, IB 2019-20 France greeted
by her Mt. Shasta Rotary club
friends and Host family.*

Be Curious



*Malachy, OB 2019-20 Czech Republic (3rd
from left) is greeted by Rotary friends!*



*Madeline, 2019-20 OB
France, showing her flag
with other students.*



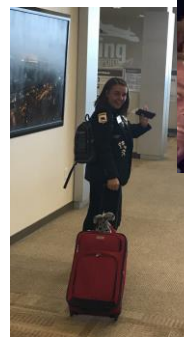
*Brad, 2019-20 OB Belgium
with his host family.*



*Matej 2019-20 OB Czech
Republic taking a ride
with his host family.*

Be Here Now

Be Curious



*Darcy (far right), OB 2019-
20 Austria on her way to
France and then enjoying
dinner with her host family!*

Be Grateful