

MAKE A WORLD OF DIFFERENCE



District 5160

Newsletter # 8

May/June 2019

IMPORTANT DATES!

Inbound Student dates**:

- Goodbye Weekend and Surf City Trip: Date: June 13-15. Santa Cruz CA with drop off in San Francisco for those going on Western Safari.

Outbound Student dates:

- Watch for your new *D5160 2019 Outbound* Facebook page!
- ***COMBO Event!! 2019-2020 Outbound orientation July 20 – 21.** This event is also the **Rebound Weekend** for returning 2018-2019 Outbounds. Hosted by Kelly Nickel in Redding CA. Details to follow...

YEO/Counselor dates:

- Monthly reports due: 15th of each month

Club dates:

- Continue to share how wonderful the Youth Exchange experience is and invite families to host!

All Inbound Student Dates:

- Dates, times, locations for the 2018-19 exchange year, including sanctioned end of year trips, can be found at:

<http://yex.rotary5160.net/inbound-students/2018-2019-trips>.

Service above “Selfie”

At the 2019 Four Way Fest District Conference in Reno Nevada, service-minded RYE current Inbounds, future Outbounds and Rotex banded together to clean up a local park. Many hands made light work and fun was had!



Saying “Until Next Time”...



Now is the time to take time and work on projects for memory keeping to help you discover your new normal when living back at home. These are precious & will help keep you stay positive when you are away from your now larger, amazing international family.

Ideas to try:

- Scrap or Smash Books made and added to, by you and your friends, teachers, Rotary members and families.
- Audio recordings of your favorite people’s voices saying wonderful and encouraging things to you.
- Make small handmade gifts for those who inspired, loved, disciplined and had fun with you. Can be a tiny poem in a matchbox, a cool painted rock, or something else you create.

Plan on staying connected with your Exchange supports (counselors, officers, committee members) as they are resources for you even when you are back home. It may still be hard for a while, but you will know that you are not alone!

Re-entry to your home country, reverse culture shock, can be challenging.

Look again at pages 53-55 in *the Inbound Orientation Hand book*. In the *Outbound Orientation Handbook* look at pages 44-54.

Everyone should look at both handbooks!

Check this site out for a few ideas and strategies:

<http://blog.exchangemom.com/tag/returning-home/>

Four Way Fest: District Conference 2019! Walk to End Polio!



RYE Committee C-c-changes....



The committee welcomes **Scott Wilson** as the new Inbound Coordinator!



We profoundly thank the fabulous **Jennifer Griggs** for her excellent job and hard work. We wish her the best in her new endeavors!



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Four Way Fest 2019 District CONFERENCE RYE Highlights!



RENO, Nevada



This year's 4 district conference was unique, connecting clubs not usually in contact, and may be a once in a lifetime event. Students from different districts were reunited after participating in the sanctioned, optional RYE trips nationwide.

