## Rotary Youth Exchange District 5160 – California, USA

# MAKE A WORLD OF DIFFERENCE



District 5160 Newsletter #6 January 2018

#### **IMPORTANT DATES!**

#### Inbound Students\*\*:

- February 10-11, 2018: Interact Retreat, Forest Hill
- February 16-19, 2018: Ski Weekend Incline Village
- May 4<sup>th</sup>- 6<sup>th:</sup> District Conference Incline Village Nevada. Bring Blazers!

#### **Outbound Students:**

- We have accepted 3 students for the 2018-2019 and are still accepting applications for 2018-19.
- Applications for the 2019-2020 exchange year will open early Spring 2018.

#### YEO/Counselors

Monthly reports due: 15<sup>th</sup> of each month

#### Clubs:

- January 2018: Encourage club membership to make a New Years Resolution...to spend time with your students outside of Rotary meetings.
- \*\*All Inbound Student dates, times, locations, etc., for the 2017-18 exchange year can be found at:

 $\underline{http://yex.rotary5160.net/inbound-students/2017-2018-trips-2.}$ 



### Mid Year "Slump"



As we reach the mid-point of our exchange year, students, host families and clubs can feel a mid-year "slump" when the newness of the exchange has worn off. Students and host families are generally in a comfort zone which has pros and cons.

One pro is that many of the growing pains of the year are gone. The students have made friends at school, the families feel more connected to the students and communication between the students, counselors and host families can be clear and concise.

On the flip-side, between New Years and Spring Break can be a little boring for students and host families. The newness of the exchange has passed and there are few breaks from school requirements.

Many students are changing host families during this time of the year. This is often confusing and can be stressful. Families and students need to be understanding of each other and, whenever possible, stay connected while being respectful of the new relationships being formed in the new host homes. It can be done!!







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Guilherme reads a Christmas story. Eniko, Isa, and Bianca have a great time over the winter holidays!