

**MAKE A WORLD
OF DIFFERENCE**



District 5160

Newsletter #2

October 2018

IMPORTANT DATES!

Inbound Student 2018-19 dates:

- October 21: Interact District Kick-Off event in Winters CA
- December 15: Quarterly Report 2 Due
- February 15-18, 2019: Winter Fun Weekend in Incline Village

Outbound Student 2018-19 dates:

- December 15: Quarterly Report 2 Due

YEO/Counselor dates:

- Monthly reports due: 15th of each month.

Club dates:

- October: **Get your student involved! Invite them to your place of work, go on an outing, share a hobby with them....**

All Inbound Student Dates:

- Dates, times, locations for the 2018-19 exchange year can be found at:

<http://yex.rotary5160.net/inbound-students/2018-2019-trips>.

Dist 51060 RYE Committee Trivia Challenge #2.
Which committee member said:
"I have over 300 vomit bags in my airline vomit bag collection"?
The answer will be in next month's newsletter....

Family Traditions, Yours AND Theirs

As we approach the holiday seasons for many countries and cultures, now is a *wonderful* time for the Rotary family to share family traditions. For host families, counselors, and YEOs, please take a few minutes (maybe over dinner one night) to talk with your students about family/country traditions. As a conversation starter, here are links to some interesting articles that talk about traditions from around the world.

10 Holiday Traditions Around the World

<http://www.sheknows.com/parenting/articles/848521/10-holiday-traditions-from-across-the-world>

Holiday Sampler from Around the World

<https://www.scholastic.com/teachers/articles/teaching-content/holidays-sampler-around-world/>

We Need More Outbound Applicants!

Our goal is at least ten! Contact your Interact Clubs and let them know that we need awesome candidates for the 2019-2020 and 2020-2021 exchange years. However, students don't have to be Interactors and *cannot be older than 18.5 as of August 1st of the year they leave*. Please contact **Lynette** with questions or check our website:

<http://yex.rotary5160.org>

The application is also online:

<http://yex.rotary5160.net/outbound-students/itep-application>

Save the date!!

The **Interact District Conference** will be Sunday February 10th, 2019 held at Salesian High School in Richmond CA. It is the perfect way to meet Interactors, listen to speakers and learn great leadership/fundraising skills! Details and Registration:

<https://interact5160.org/conference/>



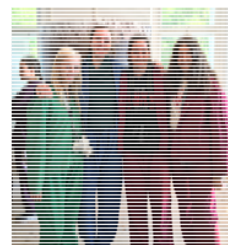
Homesickness

Most Exchange Exchange Students will experience this feeling sometime during the exchange year. Know that an emotional "roller coaster" is normal - so please expect highs and lows throughout the year.

In the Inbound Handbook which can be found at <http://yex.rotary5160.net/wp-content/uploads/2016/08/INBOUND-ORIENTATION-HANDBOOK-2016-rev-7.1.2016.pdf> there are helpful articles and other useful information. There is a brief "Get Yourself Involved" article that talks about the best ways to move beyond the homesickness.

As a side note, when feeling "homesick", students should: **NOT** ignore their feelings; **NOT** try eating their way to happiness; **NOT** call home (*calling home usually makes the feeling worse*).

Being involved, making friends and the first trivia answer!



The Answer!



Lynette Gerbert
A certified archery range master

Katarina Schatz-IB to Burney

Ru in class-OB to Brazil

Homecoming!-Henry IB to Weaverville

Noelle at a Salt Mine-OB to Austria