

District 5160
Foundation Day
January 19, 2019
Woodland, CA



International Service / Project Exchange Session

Two Handouts

Part 1. How to Find and Utilize Resources to Develop Projects

Part 2. Project Fair Attendance

Part 3. Project Exchange

DISC Indication of Interest



Part 1. How to Find and Utilize Resources to Develop Projects

District International Service Committee

Sheila Hurst, Redding West Rotary
District International Service Chair

Who are the Committee Members?

District Rotarians experienced and willing to help Clubs plan Global and District Grants

District Grants Committee

Rotarian Action Groups

TRF Cadre of Technical Advisers

Rotary Program Alumni

Peace Fellows

And.... **YOU?**



How do they help?

Using their special expertise and knowledge to

Advise

Guide

Counsel

Review and

Assist Clubs to

Plan and Conduct

Successful District and Global Grants

www.rotary5160.org/disc



Rotarian Action Groups (RAGs)

PDG Laura Day, Anderson Rotary
Director, Health Education and Wellness RAG

What are Rotarian Action Groups (RAGs)?

RAGs are international groups of Rotarians, family members, Foundation program participants and alumni who are experts in a particular field, such as microcredit, water and sanitation, or health education.



How do RAGs Operate?

Each RAG is autonomous.

RAGs function independently of Rotary International.

However, RAGs must operate in accordance with Rotary policy.

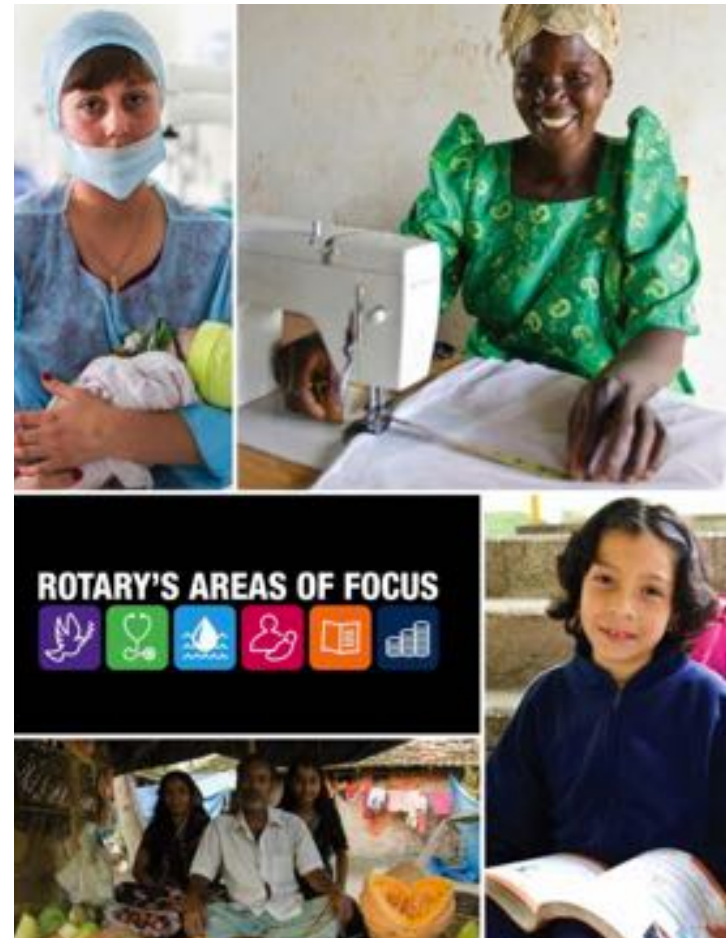


What do RAGs do?

Share their expertise by collaborating with clubs and districts on service projects

Assist clubs and districts plan and implement large-scale projects in a particular area of service

Help clubs and districts obtain funding or other assistance for their service projects



RAGs provide new opportunities for service



RAGs empower our members



RAGs engage Rotary Alumni



Benefits of Rotarian Action Groups

When planning a project, you can widen the scope of your project or make a bigger impact.

By joining a RAG, you can engage in meaningful service activities outside your own club, district, or country.

By partnering with a RAG, your club or district gains the support of experts.



RAGs help clubs/districts

- assess community needs
- establish monitoring and evaluation plans
- compile global grant applications
- identify international and/or cooperating partners
- raise funds for a prospective global grant
- incorporate government organizations and other regional and national institutions



RAGs Statistics

26 RAGs currently recognized by Rotary

31,000+ RAG members worldwide

703 average size of each RAG

140+ countries represented by RAG members



How to get involved in RAGs

- **Visit** www.rotary.org/actiongroups to learn about individual RAGs.
- **Connect** directly with a RAG to:
 - ✓ Join a group and lend your expertise;
 - ✓ Request project assistance early in the planning process;
 - ✓ Invite a local RAG member to speak to your club about the group's work.
- **Promote** RAGs at your club, district, and regional events

RAGs listed by Rotary's Areas of Focus

Peace & Conflict Resolution

- Domestic Violence Prevention
- Peace

Disease Prevention & Treatment

- Addiction Prevention
- Alzheimer's/Dementia
- Blindness Prevention
- Blood Donation
- Diabetes
- Family Health/AIDS
- **Health Education and Wellness**
- Hearing
- Hepatitis
- Malaria
- Mental Health
- Multiple Sclerosis
- Polio Survivors

Water & Sanitation

- **Water and Sanitation**

Maternal & Child Health

- Clubfoot
- Population and Development
- Preconception Care

Basic Education & Literacy

- Literacy

Economic & Community Development

- Disaster Assistance
- Endangered Species
- Microfinance

RAGs that align with more than one area

- Environmental Sustainability
- Food Plant Solutions
- Slavery Prevention



Health Education and Wellness
Rotarian Action Group

Health Education and Wellness RAG

Sheila Hurst, Redding West Rotary
Co-Chair, Health Education & Wellness RAG

Kenya Smiles

Improving Children's Oral Health in Kenya, East Africa, & Beyond



After the Grant was closed... What next?

\$200,000+ Global Grant

\$500,000 project





The World Health Fairs Rotarian Action Group
combined with Kenya Smiles in 2014

To form HEWRAG

**Health Education & Wellness
Rotarian Action Group**

HEWRAG Co-Chairs: Sheila Hurst and Jane Little



HEWRAG's 3 Areas of Emphasis



- 1. Medical/Dental Missions & Health Fairs**
2. Oral Health and Nutrition
3. Cervical Cancer Prevention



Mission to Myanmar

January 2015



Mission to Myanmar



Mission to Myanmar



Mission to Chengdu, China

April 2017



The Chengdu, China Mission Team



Health Seminars Team



HEWRAG's 3 Areas of Emphasis



1. Medical/Dental Missions & Health Fairs
- 2. Oral Health and Nutrition**
3. Cervical Cancer Prevention

Oral Health Lessons

Kibera Slum, Nairobi, Kenya



Kenya Smiles Curriculum & Educational Materials



Health Seminars



Empowering Classroom Teachers - Zambia



HEWRAG's 3 Areas of Emphasis



1. Medical/Dental Missions & Health Fairs
2. Oral Health and Nutrition
- 3. Cervical Cancer Prevention**

HEWRAG Publications

GUIDE TO CERVICAL CANCER PREVENTION



Note to the reader: This Guide is intend to serve as a reference for the types of activities that Rotarians and others can undertake to address



Mt. Kenya Area Rotarians - September 2018



Consultations - Mt. Kenya Area, September 2018



HEWRAG Assessment of Cervical Cancer Prevention Strategies

Rotary Mt. Kenya Region Cancer Control and Prevention Programme

September 2018

Prepared by: Health Education and Wellness Rotarian Action Group (HEWRAG)
PDG and HEWRAG Director Karl Diekman and HEWRAG Co-Chair Dr. Sheila Hurst



Booth and Special Sessions at RI Conventions



Hewrag.org/publications



Health Education and Wellness Rotarian Action Group (HEWRAG)

Rotarians Working Together To Improve World Health

Volume 4, Issue 3 – Fall 2018

www.hewrag.org hewrag@gmail.com facebook.com/HEWRAG

Newsletter Editors and HEWRAG Co-Chairs: Jane Little and Sheila Hurst

Greetings!

Invitation to Join HEWRAG



Health Education and Wellness Rotarian Action Group

Membership Form

Date: _____

*Thank you for your interest in joining HEWRAG.
Please print the following information.*

Name:

Rotary Club:

District:

Rotary Position(s) Held:

Profession/Job Title:

Special interests & skills:

Phone Number(s):

Email Address:

Physical Mailing Address:

Please tell us how you learned about HEWRAG.

Other comments:

Membership type (please check one)

5 Years \$125 US _____

Annual \$30 US per calendar year _____

To Pay, please go to hewrag.org and select PayPal

Or make check payable to HEWRAG and mail to
HEWRAG

c/o Co-Chair Jane Little

217 Skyline Drive

Homer, Alaska 99603 USA

Free for
Rotaractors
and Interactors

More information at HEWRAG.org



**Health Education
and Wellness
Rotarian Action Group
(HEWRAG)**

Rotarians Working
Together to Improve
World Health

hewrag.org
facebook.com/hewrag
hewrag@gmail.com

HEWRAG has been involved
in projects and activities in
the following countries:



United States



South Africa



Thailand



Philippines



Kenya



Ethiopia



Mexico



Myanmar



Russia



Argentina



Mongolia



Nigeria



China



Zambia



Fiji



Nicaragua



Tanzania

One of the first 10 Rotarian Action Groups approved by Rotary International was the World Health Fairs Rotarian Action Group. WHFRAG was reorganized and renamed in 2014 as the Health Education and Wellness Rotarian Action Group (HEWRAG) in order to expand our areas of emphasis.

HEWRAG promotes good health and wellness through healthy lifestyle choices and disease prevention. HEWRAG builds awareness, promotes education, and provides information to achieve and maintain good health and to utilize effective prevention strategies.

What are HEWRAG's areas of emphasis?

1. Medical/Dental Missions and Health Fairs
2. Oral Health and Nutrition
3. Cervical Cancer Prevention

HEWRAG can support you and other Rotarians, Rotaractors, and Interactors in the following ways in our areas of emphasis:

- Share information about technical and educational materials
- Provide contacts for Rotary Health and Wellness projects and events
- Connect Rotarians to the global health and prevention communities

If you have a project or event in one of our areas of emphasis, we hope you will look to us as a well-informed and experienced source of support and information. We are interested in expanding our portfolio of services and will consider other topics and projects related to health education and wellness.

Other organizations we support:

- Asociación Argentina de Padres de Autistas
- Rotary Club of Davis Shaken Baby Prevention Program

Join today and become an active member in the dynamic
Health Education and Wellness Rotarian Action Group.



Water and Sanitation Rotarian Action Group

Michael Barrington, Concord Rotary
Director, Water and Sanitation RAG

Water & Sanitation RAG (WASRAG)



Was formed in 2007

Is the largest of the Rotarian Action Groups

Operates like an NGO/Non Profit Corporation
with its own...

- Board of Directors

- Finance Committee

- Operations Committee

- Secretary

- Treasurer

The WASRAG Foundation

- Is a separate NGO with its own Board of Directors and officers
- Its goals are to seek and manage funds for WASH projects



Water & Sanitation RAG (WASRAG)

Vision Statement

Health, education and prosperity for all through safe water, sanitation, and hygiene.

Mission Statement

Providing human, technical and financial support to Rotary clubs and districts seeking to help communities to gain sustainable access to water, sanitation, and hygiene.



Water & Sanitation RAG (WASRAG)

In Sub-Saharan Africa alone, \$1.4 billion spent on failed systems...

- 50% inoperable after 5 years
- 75% water points non-functional
- Millions of Rotary \$\$\$ on “rehabilitation”

Rotary-replacing poor designed wells—shallow/contaminated



Water & Sanitation RAG (WASRAG)

Ethiopia	Up to 70% investment wasted
Kenya	\$2 million investment in water schemes: 35% non-functional 50% rural water sources functional
Liberia	40% of 10,000 water points failed 57% of water points contaminated with <i>E. coli</i>
Mali	80% of boreholes not functioning
South Africa	50% of hand pumps not working
Honduras, State of Colon	90% of schools receive water 1 or 2 days week 2/3 toilets for 3/4000 students

Experienced in all aspects of WASH service

- Program management, well drilling, rainwater harvesting, water supply, water quality,
- Sewage construction, sanitation, hygiene, behavior change, community empowerment, monitoring & evaluation, public health, funding operations
- Maintenance, WASH in schools, WASH in healthcare facilities & Menstrual Hygiene Management (MHM).



Team Members ...

- Have extensive experience preparing submissions for Rotary Global and other grants.
- Work in the developing world and are especially sensitive to local cultural issues.
- Can speak Spanish, Portuguese, French, German, and Russian.



What WASRAG can do for you

- **Assist** clubs and districts prepare robust applications for Global Grants and other funding requests
- **Review** a WASH Global Grant prior to submission to The Rotary Foundation
- **Assist** in the evaluation of optional solutions for WASH projects and programs
- **Assist** clubs and districts in planning, implementing, monitoring, and evaluating projects and programs
- **Provide** expertise and guidance on any WASH issue



WASRAG Can Help You...

- Find a project and get started
- Provide a compendium of best practices
- Identify potential matching clubs and private sector partners
- Facilitate partnerships & attract donors
- Provide expertise in designing sustainable processes
- Facilitate workshops to get commitment from stakeholders
- Design Monitoring and Evaluation processes



Join WASRAG



World Water Day Competition
Your club could win \$500!

The Rotary Foundation Cadre of Technical Advisors

Michael Barrington, Concord Rotary
The Rotary Foundation Cadre of Technical Advisors

The Rotary Foundation Cadre of Technical Advisers

A group of volunteer Rotarians who provide technical expertise and advice to Rotarians planning and carrying out Rotary Global Grant projects around the world.



The Rotary Foundation Cadre of Technical Advisers

What WE DO:

- Site visits
- Technical reviews
- Monitoring and Evaluation
- Audits - financial and operational
- It is often said that we are the 'gun slingers' of TRF!



But we are much more than that ...

- Because we are specially trained by The Rotary Foundation to evaluate Global Grants, we have an expertise that we have been asked to share with districts and clubs.
- We can help you from the outset by helping you write your Global Grant or,
- We will review and critique your Global Grant prior to submission to the District or TRF
- We will also help you design a Sustainability plan.

The Rotary Foundation Cadre of Technical Advisers

Because we have expertise in each of the Areas of Focus, we can quickly connect you to the specialist you need for advice or support.

Our job is to make Global Grant writing and application as easy as possible.

USE US!

